



## Ways to Fight Pornography

### Utilize support resources

#### 1. eXXit.org

An online ministry of Northwest Community Church in San Antonio, TX providing over 2,000 daily 3-minute Bible studies and designed to help Christians fight the temptations of pornography use.

- website: [www.exxit.org](http://www.exxit.org)
- blog format: [exxitsa.org](http://exxitsa.org)
- Church website: [nwchurch.org](http://nwchurch.org)

#### 2. [Overcomers Outreach](#)

An evangelical Christian ministry based in California, which helps to treat and support individuals affected by addiction through the use of the Bible and the 12-step program of Alcoholics Anonymous. This program is used to treat other addictions, including sexual addiction. Each step of the program is accompanied by a corresponding Bible verse.

#### 3. Focus on the Family

Focus on the Family is a global Christian ministry dedicated to helping families thrive. They provide help and resources for couples to build healthy marriages that reflect God's design, and for parents to raise their children according to morals and values grounded in biblical principles.

Below are 3 article series they've provided on pornography:

- [Pornography](#)
- [Pornography and Virtual Infidelity](#)
- [Dealing with Pornography and Internet Addiction](#)

#### 4. Christian Broadcasting Network

The Christian Broadcasting Network is an American Christian-oriented religious television network and production company

Below is an in-depth article that examines pornography from a spiritual perspective. It provides a list of ministry resources as well.

- [Can I Break an Addiction to Pornography?](#)